



7:00 AM – 8:00 AM	MORNING ROUTINE	Get dressed, wash-up, brush teeth, make bed, eat breakfast, screen time
8:00 AM – 8:30 AM	EXERCISE	<p>A. Outdoor activity (avoid playgrounds) OR</p> <p>B. GoNoodle (PK – 5) Get kids up and moving to fun, engaging content. Brownstoners love it! OR</p> <p>C. Fluency and Fitness (K – 2) Help students exercise their brains and bodies</p>
8:30 AM – 10:00 AM	ACADEMICS	<p>1. Read Morning Message on ClassDojo Class Story AND</p> <p>2. iReady Reading lesson (packet – also available digitally below)</p> <ol style="list-style-type: none"> Kindergarten 1st Grade 2nd Grade 3rd Grade 4th Grade 5th Grade <p>AND</p> <p>3. iReady Reading 30 min. (digital) Adaptive differentiated instruction based on your child’s reading level AND</p> <p>4. Social Studies writing response (3-5) (<i>every Monday</i>) Non-fiction critical writing based on intriguing current-events photographs from around the world</p>
10:00 AM – 11:00 AM	CREATIVE	<p>A. Visual Art (PK – 5) (alternate daily)</p> <ol style="list-style-type: none"> “Free draw” OR Easy at-home art projects Arts and crafts projects using every-day items found at home OR TONS of art lessons Access to art lessons via slide-shows for a variety of ages and interests OR Tour museums virtually! 12 amazing museums from around the world offer us free access to their collection via virtual tours. Children can choose their favorite artworks and try to re-create them at home. OR Coding (3-5) Scratch is a programming language and an online community where children can program and share interactive media such as stories, games, and animation with people from all over the world. OR <p>B. Music (PK – 5) (alternate daily)</p> <ol style="list-style-type: none"> Concerts at Carnegie Hall (<i>once a week</i>) Although the students will not physically be at Carnegie Hall, you should empower them as audience members to fully participate with

		<p>the concert by singing along, dancing, and interacting with the artists and host.</p> <p>b. Little Kids Rock lessons (2-3x a week) Learn to play your favorite instrument and songs. Write and record your own music.</p>
11:00 AM – 11:30 AM	EXERCISE	<p>A. Outdoor activity (avoid playgrounds) OR</p> <p>B. Physical Education (2-3X a week) OR</p> <p>C. GoNoodle (PK – 5) Get kids up and moving to fun, engaging content. Brownstoners love it! OR</p> <p>D. Fluency and Fitness (K – 2) Help students exercise their brains and bodies</p>
11:30 AM – 12:00 PM	LUNCH	Another great opportunity to learn and build real-world skills
12:00 PM – 12:30 PM	MINDFUL MINUTES	Reading, puzzles, additional creative time, nap
12:30 PM – 2:30 PM	ACADEMICS	<p>1. Read Afternoon Message on ClassDojo Class Story AND</p> <p>2. Zearn Math Core math instruction AND</p> <p>3. iReady Math lesson (packet – also available digitally below)</p> <ol style="list-style-type: none"> Kindergarten 1st Grade 2nd Grade 3rd Grade 4th Grade 5th Grade <p>AND</p> <p>4. iReady math 30 min. (digital) Adaptive differentiated math instruction that meets the student at their current math proficiency AND</p> <p>5. Social Studies OR Science:</p> <ol style="list-style-type: none"> Educational shows from Netflix (PK – 5) (1-2x a week) Shows include topics such as animals, earth and nature, space, presidents, history, dinosaurs, documentaries, entertainment, geography, food/nutrition/ health, and mysteries Scholastic books and activities (2-3x a week) Every day includes four separate learning experiences, each built around a thrilling, meaningful story or video. <ol style="list-style-type: none"> PK – K 1 – 2 3 – 5 Advanced National Geographic Kids (PK – 5) Easy-to-Read Articles, Amazing Photos & Fun Games. OR Smithsonian for Kids

		<p>Amazing online resources, lessons, and games</p> <p>E. Social Studies writing prompts (advanced or with an adult) (1-2x a week) New York Times Learning Network</p> <p>OR</p> <p>6. Age of Learning Redeem Code: SCHOOL5836 Fun interactive multi-curricular learning alternatives if you find your child needs to switch it up</p> <p>A. ABC Mouse (PK – 2) B. Reading IQ (PK – 5) C. Adventure Academy (3-5)</p>
2:30 PM – 3:00 AM	EXERCISE	See above
3:00 PM – 4:30 PM	FREE TIME	<p>A. Screen time, games, movies, reading, creativity, more exercise</p> <p>OR</p> <p>B. chores</p>
4:30 PM – 5:00 PM	CHORES	<p>A. Wipe down kitchen, tables, chairs</p> <p>OR</p> <p>B. Wipe all door handles, light switches, desk/ table tops</p> <p>OR</p> <p>Wipe down bathrooms</p>
5:00 PM – 6:00 PM	DINNER	<p>Another great opportunity to learn and build real-world skills</p> <p>AND</p> <p>Positive Affirmation: What was the best part of your day?</p>
6:00 PM – 7:30 PM	FREE TIME	<p>A. See above</p> <p>OR</p> <p>B. Start reading early!</p>
7:30 PM – 8:00 PM	READING	<p>A. Books from home</p> <p>OR</p> <p>Epic! - Books for Kids Class Code: bmc2277 The leading digital library for kids offering unlimited access to 35000 of the best children's books of all time.</p> <p>OR</p> <p>B. Scholastic books and activities (see above) Every day includes four separate learning experiences, each built around a thrilling, meaningful story or video.</p> <p>OR</p> <p>C. Vooks A streaming library of animated children's storybooks.</p> <p>OR</p> <p>D. Storyline Online Find animated children stories read by your favorite actors.</p>
8:00 PM	BEDTIME	Wash up, brush teeth, PJs, tuck-in, stories
9:00 PM	BEDTIME	For children who followed their daily schedule without arguing